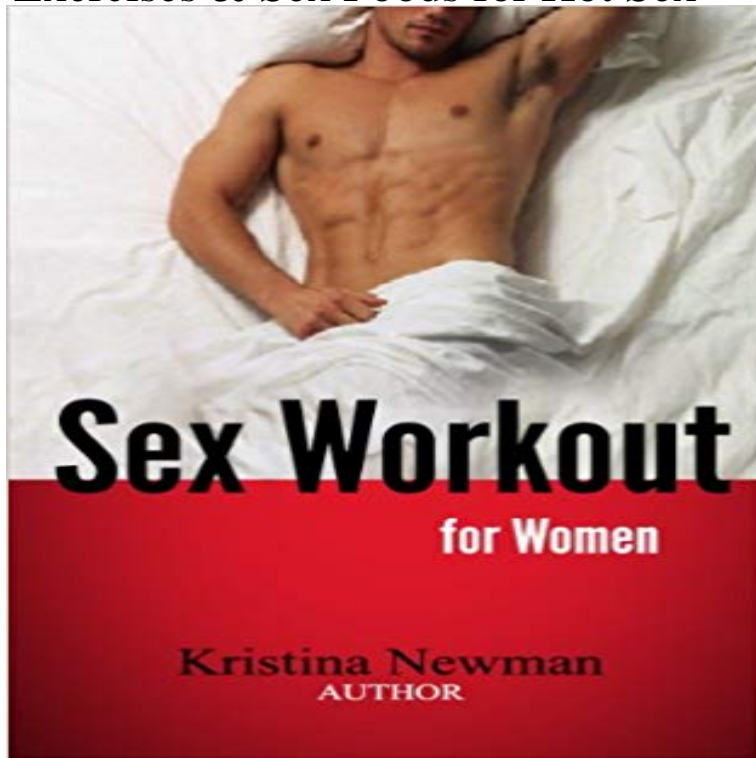


Better Sex Workout For Women: Sex Exercise, Sex Positions, Kegel Exercises & Sex Foods for Hot Sex



The Better Sex Workout For Women is your one stop shop for everything about Sex Exercise. Do You Want Hotter, More Pleasurable, Longer Lasting Orgasms? Are you and your spouse looking for that something extra that's been missing? Look no further. The Better Sex Workout works to erase ALL the mental and physical signs of Low Sexual Desire in the fastest amount of time humanly possible. Specifically, it works wonders towards putting back the mojo in your life by: Have Better Sex, Have a More Fulfilling & Satisfying Relationship, Melt fat like a smoldering hot furnace 24hrs a day, Increase Strength, Stamina, Flexibility & Endurance, Generate energy that will make even a 18-year-old envious, Enhance Sexual Performance, Lose Weight & Eat right, Save Money, Train in your home, Have More Confidence, Look & Feel Better, Have Better Sleep, Fight Low Libido, Enjoy a Quality Life. Let us guide you through the best sex exercise workouts ever developed. No more thinking about what you're going to do ever again. We tell you exactly when to workout and when to rest all while giving you instructions for each exercise with detailed text and numerous images to make sure you know exactly what you are doing to attain the goals you desire. Features: Pre-set workouts developed by a certified strength and conditioning specialist, See instructional photos that explain each exercise in detail, Just put on your headphones and follow along with audio cues, Guide to Foods for Hotter Sex, Top Sex Tips and Tricks, Comprehensive Ebook packed with 25 chapters of life-changing info, Flexibility program to help you slide into positions never before imaginable, Conditioning programs so you're ready to go all night long, Yoga program to help you relax and release all your stress, Kegel exercises to help enhance orgasms.

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