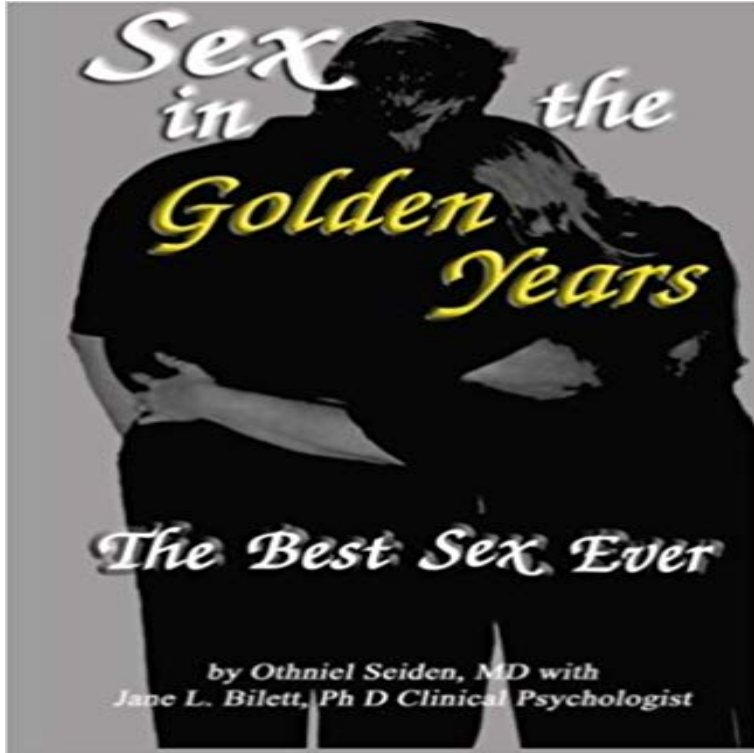


Sex in the Golden Years - A Guide to the Best Senior Sex Possible



Sex should continue to improve with time. This book's purpose is to dispel lots of old myths and help us continue to be active and happy participants in nature's greatest gift! With the baby boomers at the doorstep of becoming old timers brings many concerns, not the least of which is, Am I over the hill sexually? The emphatic answer is, No! You shouldn't be! The human animal is normally sexually active to its dying day. Now that more people are living to be 70, 80, 90 and 100, research shows quite clearly that sex is as important as ever. If you're worried about medications and sexual side effects - Dr. Seiden addresses that. If you're worried about psychological or cultural reasons for a decreasing frequency of sex in your life, Dr. Bilett addresses that! And much, much more... The best is yet to come!!!

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